

Fresco Cafe

North

Fall/Winter
2011-2012

5940 Calle Real, Goleta CA 93117
(805) 692-8999 phone (805) 692-8844 fax

STARTERS

SALADS - Served w/ Bread and Butter

(priced per person - 10 min.)

Caesar Salad	\$4.50
Mixed Baby Greens	\$4.50
Fresh Fruit Salad	\$4.50
Greek Salad	\$4.50
Red Potato Salad	\$4.00
Pasta Salad	\$4.00
Gorgonzola Salad	\$5.00
Chinese Chicken Salad	\$5.50
Caprese - Fresh Mozzarella, Tomato & Basil w/ Extra Virgin Olive Oil	\$5.50

CANAPES

(priced per dozen/minimum of 2 dozen each)

Tea Sandwiches - Choice of:	
Smoked Salmon & Cream Cheese	
Cucumber, Dill & Cream Cheese	
Chicken Salad	
Tuna Salad	
Egg Salad	\$24.00
Vegetable Pinwheels	\$18.00
Bruschetta Crostini w/ Chopped Tomato, Basil & Garlic	\$24.00
Crostini w/ Fresh Tomato, Basil & Fresh Mozzarella Cheese	\$28.00
Mini Veggie or Chicken Tortilla Wraps	\$18.00
Asparagus Wrapped in Prosciutto	\$28.00
Teriyaki Shrimp & Snow Peas	\$36.00
Garlic Skewered Shrimp (2) w/ Roasted Red Pepper Aioli	\$40.00
Seasoned Ground Beef Tenderloin Crostini w/ Horseradish Cream	\$36.00

NOSH PLATES & DISPLAYS

(priced per person - 10 min.)

Imported Cheese & Fruit Platter	\$6.00
Fresh Fruit Platter	\$5.00
Warm Artichoke Spread w/ Crostini and Chips	\$4.00
Antipasto Platter - w/ Crostini Prosciutto, Genoa Salami, Smoked Mozzarella, Asiago, Provolone, Goat Cheese, Roasted Garlic, Kalamata Olives, Roasted Red Peppers, Sundried Tomato and Red Onion	\$6.00
Brie en Croute (min. 15 people) w/ Crostini An 8" Wheel of Brie Cheese Wrapped in Puff Pastry, Baked and Served w/ Grapes	\$75.00
Vegetable Crudité w/ Ranch, Balsamic & Maytag Bleu Cheese Dressings - Broccoli, Carrots, Celery, Radishes, Peppers, Cauliflower & Cucumber	\$5.00

HORS D'OEUVRE

(priced per dozen/minimum 2 dozen each)

Mini Brie & Papaya Quesadillas	\$20.00
Mini Quiche Squares	\$20.00
Spanakopita	\$20.00
Chicken Sate w/ Peanut Sauce	\$30.00
Jerk Chicken Drumsticks	\$24.00
Sausage Stuffed Mushrooms	\$28.00
Crabmeat Stuffed Mushrooms	\$28.00
Mini Crab Cakes w/ Papaya Salsa	\$36.00
Grilled Shrimp (2) Cocktail w/ Chipotle Aioli & Cocktail Sauce	\$40.00

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ENTRÉES A LA CARTE

(priced per person - minimum of 10)

Chicken Breast Florentine Layered w/ Fresh Spinach, Roasted Garlic & Ricotta Cheese Served w/ a Basil Cream Sauce	\$15.00
Chicken Piccata - Boneless Skinless Chicken Breast Floured & Flash Fried Served w/ a Lemon & Capers Cream Sauce	\$15.00
Chicken Sienna - Bone in Chicken Breast Baked w/ Olives, Tomato & Fresh Sage	\$16.00
Chicken Breast Stuffed w/ Roasted Red Pepper, Artichoke Hearts & Asiago Cheese Sliced & Served w/ a Sundried Tomato Cream Sauce	\$16.00
Chicken Marsala - Boneless, Skinless Chicken Breast with Marsala Sauce, Sautéed Mushrooms & Garlic Served over Egg Noodles	\$17.00
Chicken Coq Au Vin - 1 Bone in Breast & 1 Thigh Piece Baked w/ Bacon, Mushrooms, Onion, Carrots & Brandy served over Egg Noodles	\$18.00
Roasted Stuffed Loin of Pork w/ Apricot Glaze (7 oz.)	\$15.00
Sautéed Pork Tenderloin Medallions w/ Camembert Sauce	\$15.00
Grilled Filet Mignon or Herb Crusted Tenderloin of Beef w/ Cabernet Demi Glace	\$20.00
Poached Wild Salmon (7 oz. Served Hot or Cold) w/ a Creamy Dill Sauce	\$16.00
Poppy Seed Crusted Wild Salmon (7 oz.) w/ Dijon Cream Sauce	\$16.00
Blackened or Teriyaki Wild Salmon w/ Papaya Salsa	\$16.00
Grilled Wild Salmon (7 oz.) w/ a Roasted Corn Relish or Basil Pesto or w/ a Maple Dijon Glaze	\$16.00
Pan Sautéed Halibut (7 oz.) w/ Fresh Tomato, Olive, Capers & Garlic Salsa	\$18.00
Herb Crusted Halibut (7 oz.) w/ Braised Leeks	\$18.00
Braised Lamb Shank w/ Cabernet Demi Glace	\$18.00
Lasagna - Choose from Meat or Vegetarian	Small (9-12 pp.) \$60.00 Large (18-24 pp.) \$120.00
Eggplant Parmesan	Small (9-12 pp.) \$60.00 Large (18-24 pp.) \$120.00
Whole Quiche	Small (4-6 pp.) \$20.00 Large (6-8 pp.) \$30.00

* All Quiches are made w/ our Cheese Mix: Grana Padano, Asiago & Parmesan Cheese
Choose from the following ingredients: Ham, Grilled Chicken, Bacon, Caramelized Onion, Broccoli, Sautéed Mushrooms, Asparagus, Tomato, Roasted Eggplant & Spinach

ACCOMPANIMENTS

Roasted Seasonal Vegetable Platter	\$6.00	Gratin Potatoes (Yukon Gold, Sweet or Russet)	\$6.00
Sautéed Seasonal Vegetables	\$6.00	Del Monico Potatoes	\$6.00
Asparagus & Green Onion Skewers	\$6.00	Garlic Mashed Potatoes	\$5.00
Sautéed Spinach	\$6.00	Mashed Sweet & Yukon Gold Potatoes	\$5.00
Green Beans w/ Tomato	\$6.00	Smashed Red Potatoes	\$5.00
Sautéed Rapini (seasonal)	\$6.00	Shallot Roasted Potatoes	\$5.00
Sautéed Snap Peas	\$6.00	Wild Mushroom Rice Pilaf or Pan Fried Rice	\$5.00
Roasted Carrots or Beets w/ Shallot	\$6.00		
Vegetable or Saffron Risotto	\$6.00		

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CORPORATE EXPRESS LUNCHESES

Sandwich Luncheon (Minimum 10 pp.)

Platter of Assorted Sandwiches

Including: Roasted Turkey, Roast Beef, Tuna Salad, Chicken Salad, Black Forest Ham and Veggie Sandwiches w/ Varied Sliced Cheese & Breads * served w/ Side Salad of Your Choice (Limited Selection of Sandwiches Offered at this Price)

\$12.50 per person

Deli Platter (Minimum 10 pp.)

Platters of Sliced Luncheon Meats and Chicken Salad

Lettuce, Tomato, Avocado, Onion and Pickles

Assorted Cheeses and Sliced Breads

Mustard and Mayonnaise, * Served w/ Side Salad of Your Choice

\$14.50

Pasta Luncheon (Minimum 10 pp.)

(Wheat Free Pasta Available by Request)

- Spaghetti, Fettuccini, Penne or Rotelli Pasta w/ Choice of the Following Sauces:

- Grilled Chicken w/ Sundried Tomato & Basil Pesto Sauce

- Grilled Chicken w/ Roasted Red Pepper and Brie Sauce

- Grilled Chicken w/ Alfredo Sauce

- Chicken Parmesan w/ Marinara and Provolone Cheese

- Pasta w/ Mild Italian Sausage and Meatballs w/ Marinara Sauce

- Bolognese Sauce - Ground Beef and Italian Sausage in a Light Tomato Sauce w/ a Touch of Cream

- Fresh Spinach, Feta, Garlic, Kalamata Olives & Chopped Tomato

*w/ Side Salad of Your Choice

\$14.00 per person

*Side Salad Choices Include:

Baby Mix Greens, Caesar, Pasta Salad, Potato Salad, Greek Salad,

Fruit Salad, Gorgonzola Salad or Chinese Chicken Salad

(Gorgonzola & Chinese Chicken for an Additional \$1.00 per person)

Recommended Additions

Assorted Cookies & Bars

Assorted Beverages (Includes Bottled Drinks)

Assorted Canned Sodas

Delivery Fee of \$15 - Paper Goods are \$5 for Every 10 People
Pick-up of Service Ware if Necessary Additional \$10.00

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CORPORATE EXPRESS LUNCHESES (2)

Salad Luncheon (Minimum 10 pp.)

Choice of Three Different Salads Served w/ Bread & Butter
Gorgonzola Walnut over Mixed Greens, Greek Salad
Chinese Chicken Salad, Fresh Fruit Platter
Caesar w/ Shrimp or Grilled Chicken & Pasta Salad w/ Grilled Chicken
\$12.00 per person

Fresco Salad Bar (Minimum 20 pp.)

Featuring an Assortment of Different Salad Ingredients
Displayed in Separate Serving Dishes
Both Baby Mix Greens and Chopped Romaine Lettuce
Diced Roma Tomatoes and Diced Green Peppers
Sliced Cucumber and Sliced Red Onion
Sliced Avocado and Grated Carrot
Diced Grilled Chicken Breast and Fresh Bacon Bits
Garbanzo Beans and Chopped Hard Boiled Egg
Crumbled Feta Cheese and Crumbled Blue Cheese
Chopped Candied Walnuts and Kalamata Olives
An Assortment of Three Salad Dressings Provided:
Balsamic Vinaigrette
Maytag Bleu Cheese
Ranch Dressing
Served w/ Bread and Butter
\$15.00 per person

Recommended Additions

Assorted Cookies & Bars
Assorted Beverages (Includes Bottled Drinks)
Assorted Canned Sodas

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COMBINATION THEME MENUS

Mexican Buffet (Minimum 10 pp.)

* Choice of Side Salad

Choice of Two: Sautéed Beef, Sautéed Chicken or Sautéed Halibut
Corn & Flour Tortillas
Sautéed Red & Green Peppers w/ Onions
Tomato Salsa, Salsa Verde, Sour Cream
Shredded Cheeses, Sliced Avocado & Shredded Lettuce
Spanish Rice & Beans
Assorted Mini Bars & Cookies or Flan
\$18.00 per person

Grilled Chicken Breast w/ Multiple Courses

* Choice of Side Salad

Marinated Grilled Chicken Breast w/ Choice of:
Teriyaki Sauce, Basil Pesto or Jamaican Jerk Seasoning
Served w/ Your Choice of Either Pan Fried Rice, Risotto
or Potatoes (see page 2 for other accompaniments)
Choose from Sautéed Vegetables or a Grilled Vegetable Platter
Served w/ Bread & Butter
\$20.00 per person

* Side Salad Choices Include:

Baby Mix Greens, Caesar, Pasta Salad, Potato Salad, Greek Salad,
Fruit Salad, Gorgonzola Salad or Chinese Chicken Salad
(Gorgonzola & Chinese Chicken for an Additional \$1.00 per person)

Recommended Additions

Assorted Cookies & Bars
Assorted Beverages (Includes Bottled Drinks)
Assorted Canned Sodas

Delivery Fee of \$15 - Paper Goods are \$5 for Every 10 People
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BOXED LUNCHES (Priced per person)

Sandwich Box Lunch w/ Side Salad
Dessert Bar or Cookie
Beverage
Mint/Wet Nap/Fork/Napkin
\$15.00

Entrée Salad Box Lunch
Chicken Salad, Tuna Salad,
Grilled Chicken or Salmon over Mixed Greens
w/ Bread & Butter
Dessert Bar or Cookie
Beverage
Mint/Wet Nap/Fork/Napkin
\$16.00

BREAKFAST CATERING (Minimum of 10 People for Delivery)

Coffee Service Includes Regular Coffee, Decaffeinated Coffee, Hot Water w/ Assorted Teas,
Cream, Assorted Sugar Packets, Coffee Stirrers and
Fresh Lemons for Tea
\$2.50 per person

Fresh Orange Juice	\$12.00 per Gallon
Fresh Fruit Platter	\$4.00 per person
Assorted Breakfast Pastries (one per person)	\$2.50 per person

Cinnamon Twists
Bear Claws
Muffins or Scones
Apple Purses
Morning Fruit Pastry

Recommended Additions
Assorted Cookies & Bars
Assorted Beverages (Includes Bottled Drinks)
Assorted Canned Sodas

Delivery Fee of \$15 - Paper Goods are \$5 for Every 10 People
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CAKE MENU

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Simple Decoration Included - Two Layers w/ Filling
Vanilla, Chocolate, Lemon, Coconut, Red Velvet, Spice, Banana or Maple

8 Inch	(Serves 6-8)	\$30.00
10 Inch	(Serves 10-12)	\$40.00
12 Inch	(Serves 20)	\$50.00
¼ Double Sheet	(Serves 15-20)	\$50.00
½ Double Sheet	(Serves 30-40)	\$80.00

Choice of Vanilla, Chocolate, Lemon or Maple Buttercream

SPECIALTY CAKES

Tiramisu or Lemon Mousse Cake

8 Inch	\$35.00
10 Inch	\$45.00
¼ Sheet	\$50.00
½ Sheet	\$90.00

Chocolate Mousse Cake w/ Ganache Coating

8 Inch	\$40.00
10 Inch	\$50.00
12 Inch	\$65.00
¼ Sheet	\$65.00
½ Sheet	\$115.00

- Vanilla Sponge Cake w/ Vanilla Whipped Cream and Fresh Strawberries or Raspberries
- Chocolate Sponge Cake w/ Chocolate Whipped Cream and Fresh Strawberries or Raspberries
- Carrot Cake w/ Cream Cheese Frosting

8 Inch	\$40.00
10 Inch	\$50.00
12 Inch	\$60.00
¼ Double Sheet	\$60.00
½ Double Sheet	\$95.00

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WHOLE DESSERT

Pies (9") Serves 6-8

Apple Pie	\$20.00
Peach Pie (Seasonal)	\$25.00
Mixed Berry Pie	\$25.00
Pumpkin Pie	\$15.00
Custard Pie	\$15.00
Key Lime Pie	\$20.00
Banana Cream Chocolate	\$22.00
Mousse Pie	\$25.00
Pecan Pie	\$25.00

Tarts (11") Serves 8-12

Lemon Tart	\$25.00
Apple Walnut Tart	\$30.00
Fresh Fruit Tart	\$40.00
(Whipped Cream, Custard or Lemon Curd)	
Chocolate Pecan Tart	\$30.00
Black Bottom Banana Cream Tart	\$35.00

Cheesecakes

Plain	\$40.00
Fruit Topped	\$45.00
Chocolate	\$45.00
Espresso	\$45.00
Pumpkin	\$45.00

Flourless Chocolate Cake (Single Layer w/out Frosting)

8 Inch (Serves 8-10)	\$20.00
10 Inch (Serves 8-12)	\$25.00
12 Inch (Serves 20)	\$30.00

Miscellaneous Cakes

Angel Food Cake (Serves 8-10)	\$20.00
Three Berry Cake (Serves 8-10)	\$25.00

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INDIVIDUAL DESSERTS

(Served at Room Temperature)

<u>Minis</u>		<u>Cookies</u>	
Cookies	\$0.90	Chocolate Chip w/ Walnuts	\$1.75
Bars	\$1.25	Chocolate Chip (no nuts)	
Fruit Tarts & Éclairs (served cold)	\$1.50	Oatmeal Raisin	
Half Size Cupcakes	\$2.00	Snickerdoodle	
Mini Flourless Cupcakes	\$2.00	Chocolate w/ Chocolate Chips and Pecans	
		Peanut Butter w/ Chocolate Chips	
<u>Misc. Dessert</u>		<u>Bars</u>	
Chocolate Walnut Bars	\$1.50	Brownies	\$2.25
Macaroons	\$1.75	Lemon Bars	\$2.25
Devil Dogs	\$2.50	Pecan Coconut Squares	\$2.50
Pumpkin Date Loaf	\$2.50	Cheesecake Squares	\$2.50
Meringue	\$2.50	(served cold)	
Three Berry Cake	\$3.50	w/fruit	\$3.00
White Chocolate Macadamia Tart	\$3.50		
Chocolate Pecan Tart	\$3.50		
Cranberry Pecan			
Upside-Down Cake	\$3.50	<u>Breakfast Pastries</u>	
Caramelized Banana Pastry	\$3.00	Cinnamon Twists	\$1.50
Flourless Cupcake	\$3.50	Bear Claws	\$2.50
Frosted Cupcake	\$3.50	Muffins & Scones	\$2.50
Chocolate Cake	\$4.50	Apple Purses	\$3.50
Coconut Cake	\$4.50	Morning Fruit Pastry	\$4.50
Apple or Berry Pie	\$4.50		
Cobbler	\$4.00		

INDIVIDUAL DESSERTS

(Served Cold)

Pumpkin Cream Cheese Bar	\$3.00	Mousse Truffle	\$5.00
Crème Brûlée	\$3.50	Carrot Cupcake	\$4.00
Éclair	\$4.00	Chocolate Pot de Crème	\$3.50
Strawberry Sponge Cake	\$4.00	Black Bottom Banana Tart	\$5.00
Tiramisu	\$4.50	Chocolate Hazelnut Hearts	\$5.00
Chocolate Raspberry Tart	\$4.50	Fruit Tart	\$5.00
		Fruit Trifle	\$5.00

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